



OUR PLACE

A community for People Living with Dementia



By **Esprit** 
Lifestyle
Communities




Our Place is a community for people living with and caring for those with Dementia. Our inclusive community offers a flexible framework, delivering and developing best-practice based care and services.

Continue your story



We're committed to a lifestyle that is best in class and consistently measured and evaluated.



Visit us today espritlifestyle.com  @espritlifestyle

By **Esprit** Lifestyle Communities

A unique community

We believe in the power of belonging, and we celebrate the uniqueness and capability of everyone in our community.

We are flexible and adaptable, never rigid, and we innovate based on the specific needs and skills of each individual.

OUR PRINCIPLES



Inclusive

Enthusiastically open to friends and partners from all walks of life



Active

Physically active experiences throughout the day



Cutting Edge

Technology driven environment



Engaging

Purposeful opportunities with an emphasis on growth



Creative

We dance, sing, laugh and make art



Supportive

The team supports residents and their families within the context of an active, caring community



Personal

Focusing on individual capabilities, celebrating one story at a time



A Community

We share, we evolve, we support each other as we grow together

Our Place is a place for growth and belonging.

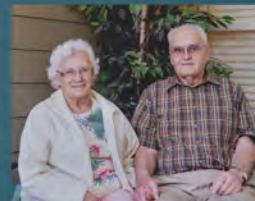
"It's inspiring to work here and see the day to day success of our residents. Whether it's something they baked, a birthday, or if they reached a goal we set together. There are many success stories that happen at Our Place, we love to come together to cherish and celebrate these successes!"

– Danielle, Our Place Coordinator



We grow and enrich others' lives through education, movement, art, teamwork, laughter and love. Our Place is a community focused on a person centered approach, whereby residents are encouraged and supported to engage in experiences that are novel, familiar and fulfilling.

Opportunities to engage is a core part of the Our Place framework. The degree, complexity and nature will vary from resident to resident, however the goal is for team members to look for opportunities to positively and intentionally engage residents in one on one, small group or larger group experiences.



Finding your place

At Our Place we believe the quality of your day is impacted by your environment and the experiences you engage in. Our Place is designed with you in mind. You'll find a variety of options from savvy technology to an indoor garden, to family style dining to quiet spaces for reading, resting or meeting with family or friends. Our Place is your place.

DID YOU KNOW

- Remi's Cafe is an interactive cafe style experience offered weekly.
- Year round indoor gardening is a way of life at Our Place.
- Weekly, we offer over 150 minutes of fun, functional ways to stay physically active.



EACH DAY AT OUR PLACE

Daily there are a combination of purposeful ways to engage, from actively tending to the indoor garden to passively enjoying good music to productively assisting in the set-up of a meal. All community members are encouraged to contribute to life at Our Place. We believe everyone has a role to play each day at Our Place.